

RESIDENT PHYSICIAN OF THE MONTH

OCTOBER 2023

Dr. Miranda Wan

Neurology University of Calgary

I was born in Saskatoon and raised in Calgary. I completed my undergraduate degree in neuroscience at the University of Calgary and medical school at the University of Alberta. Currently, I'm in my final year of the Neurology Residency Program in Calgary.

Outside of work, you'll find me spending time with my family and friends, probably eating pastries or hiking in the Rocky Mountains! We're still on the quest to discover the perfect bottle of Pét-nat.

I am incredibly fortunate to have outstanding colleagues and mentors who have provided me with invaluable support. Thank you all for your unwavering encouragement and guidance.

A colleague had this to say about Dr.Wan

Moving half-way across the country to start residency training can be challenging; however, I was very fortunate to join a group of colleagues that were extremely supportive in my transition and move to Calgary. In particular, I want to make a special mention about Miranda Wan who is one of our lead resident physicians in Neurology.

What struck me the most about Miranda is how much she cares. She has an impressive knowledge base and is approachable to her peers and patients. Many times, I asked her questions even when I am not on service with her and she is always happy to answer them (and often will send references for more details). I observed her come in early and stay late for her patients and dedicate herself to teaching junior resident physicians. She has also taken more call shifts this year and is keen to share research and scholarship opportunities with others. Outside of clinical work, she reinforces the importance of taking time to focus on wellness. Knowing that I did not have family or friends living in the city, she welcomed me to Calgary by showing me where the trendiest restaurants are and what to do for fun. She also started a Mentorship Program within Neurology as well as received a PARA Wellness Grant with her colleagues to help address feelings of burnout and stress. Taken together, Miranda is a leader and role model in promoting an amazing environment to learn, care for patients, and to thrive.