

May Resident Physician of the Month

DR. JORDAN SUGARMAN

Internal Medicine
University of Calgary

I was born and raised in Toronto and moved to the more bilingual confines of Montreal for undergrad, after which I attended Queen's University for medical school. I decided to try something new and came out to the mountains, prairies and ski slopes of Alberta, while completing my residency in Internal Medicine at the University of Calgary. I will be returning to Toronto in July to start a fellowship in Respiriology.

Outside of work, you can find me in the mountains, riding my bike along Calgary's many river paths or cheering on the Toronto Blue Jays. You can also find me sometimes trying to learn another language (most recently a futile attempt at Russian), or eating potato chips right out of the bag while lounging on the couch post-call.

It is an absolute honour to have been selected as PARA Resident Physician of the Month by my colleagues. I would sincerely like to thank my colleagues and mentors for this nomination and for their inimitable support over the past three years. Though I'm excited to be moving to Toronto, I will miss each of them immensely and would not have become the resident physician I am today without them.



A colleague had this to say about Dr. Sugarman:

"I think the mark of an outstanding resident physician is somebody who seeks not only to advance their own practice, but also to support and improve the people and system around them. Jordan Sugarman, one of our Calgary Internal Medicine PGY3s, has over the past month embodied this. Despite looming CaRMS Subspecialty applications, he helped organize and run simulation learning sessions covering common acute on-call presentations for our new PGY1 colleagues in IM and Neurology. He also contributed significantly to procedural learning sessions for our PGY2s. Most impressively, he spearheaded a new handover practice now adopted across Calgary's MTUs, where the night-teams gather at 8 p.m. to meet each other, run through new admissions and active patients, helping to improve the experience of junior resident physicians and also to bridge gaps that can appear in patient care with inadequate handover."