



RESIDENT PHYSICIAN OF THE MONTH

March 2024

Dr. Christopher Newell

Neuropathology
University of Calgary

I am a fourth-year neuropathology resident originally from Bowmanville, Ontario. I completed my undergrad at St. Francis Xavier University in Nova Scotia, with a brief stint at Charles University in Prague, before moving to Calgary. During my time in Calgary, I completed my PhD focused on developing novel diagnostic and therapeutic strategies for primary mitochondrial disease and then completed medical school. In 2020 I started my neuropathology residency training in Calgary.

Outside of medicine, I try to keep active as much as I can and this year have been playing a bunch of hockey and running through the winter, road and mountain biking in the summer, and always making time to have a cup of tea with my best friend. In my personal life, my amazingly supportive wife and I have a 3-year-old corgi named Russet who we spoil to no end.

A colleague had this to say about Dr. Newell

I am honored to nominate Dr. Christopher Newell for the Resident Physician of the Month award. Chris' profound dedication to teaching neuroanatomy, unwavering commitment to a strong work-life balance, and active participation in academic research makes him a truly commendable candidate for this recognition.

Chris' passion for teaching neuroanatomy is exceptional. He possess a remarkable ability to convey complex concepts in a clear and engaging manner, creating an optimal learning environment for fellow residents and medical students. Chris' teaching style encourages active participation and fosters a deeper understanding of the subject, which greatly contributes to the professional growth of his peers.

Outside of his clinical training, Chris is heavily involved in activities like hockey, golf, and cycling, which speaks volumes to his commitment to maintaining a balance outside of residency. This commitment extends beyond physical well-being, as it sets a positive example for colleagues striving to achieve a harmonious work-life balance. Furthermore, Chris' active interest in academic research reflects his dedication to expanding medical knowledge and ultimately improving patient care.

In light of his unwavering dedication to neuroanatomy education, embodiment of a balanced lifestyle, and active engagement in academic research, Chris undoubtedly stands as an outstanding candidate for the Resident Physician of the Month award. His positive influence resonates throughout the medical community, fostering a culture of excellence and holistic well-being. I wholeheartedly endorse Chris' nomination, as they embody the finest qualities of a resident physician.