

# RESIDENT PHYSICIAN Of the MONTH

February



## A colleague had this to say about Dr. Moore :

Kim is an exceptional internal medicine resident physician who is incredibly dedicated to her junior resident physicians and the internal medicine residency program (IMRP). Junior resident physicians she's worked with have expressed how she created an approachable and supportive environment taking the initiative to ensure they completed their learning goals, including procedures and point-of-care ultrasound as well as incorporating teaching throughout the thier rotation. Kim continues to support her learners and is always ready to lend an ear and has mentored numerous medical students and resident physicians.

Kim is an advocate for the IMRP and its resident physicians. She is always looking for opportunities to improve resident physician mental health and wellness. As the chair for the IMRP Wellness Committee, she has led multiple initiatives, including improvements to our call rooms, MTU care packages and wellness events such as fitness activities, social events and more—even during a pandemic! She has brought Ice Cream Rounds to the IMRP creating a forum for dedicated and timely peer-support. She is also on the MTU Restructuring Committee working with program leadership to incorporate resident physician feedback to improve the MTU. Kim exemplifies a balanced lifestyle and well-being; even with all her leadership she finds the time for vegetable gardening hiking, and skiing!

## Dr. Kimberly Moore Internal Medicine University of Calgary

I am from small-town Lethbridge in Southern Alberta and completed my BA in Psychology at Carleton University in Ottawa prior to starting my undergraduate medical training at McMaster's Niagara regional campus. I'm currently an internal medicine R3 at the University of Calgary, and am excited to be starting my GIM fellowship in Edmonton this summer.

My professional interests involve Quality Improvement as it relates to complex chronic disease management, while my personal interests are in physician and trainee wellness. Though it's been a trying pandemic for all of us, I am fortunate to have benefited from the love and support of truly amazing co-resident physicians, colleagues and friends. I look forward to what the future holds for all of us.



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