



# RESIDENT PHYSICIAN OF THE MONTH

OCTOBER

## Dr. Claudia Rigutto Psychiatry University of Alberta

I would like to start off by expressing how honoured I am to receive this award and thanking PARA for everything they do for the resident physicians. I am a fifth year psychiatry resident physician at the University of Alberta. I am originally from Montreal and completed my medical training at the Université de Montréal. Throughout my residency training, I have tried to support my colleagues by participating in a multitude of social committees, program-lead committees, teaching initiatives and being the Alberta representative for the CPA. When I'm not studying for the Royal College exam, I enjoy travelling, playing guitar or playing Dungeons and Dragons.

## A colleague shared this about Dr. Rigutto:

Dr. Rigutto is from Montreal and is currently a fourth year resident physician in the psychiatry program at the University of Alberta. She has been an active member of our program's social committee, often organizing resident physician social events to promote cohesion within the program, and smaller events within our own cohort. She has a special interest in psychotherapy and has pursued extra training in group and interpersonal psychotherapy. On a personal level, she has been a great friend and support throughout the many challenges of residency training. Dr. Rigutto has made many positive contributions to the cohesion of our residency cohort and residency program as a whole, and is very deserving of recognition.



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Resident Physicians of Alberta