



COMMUNITY AND WELLNESS COMMITTEE (CWC) Terms of Reference and Guidelines

Purpose

To promote, support and facilitate resident physician well-being, including mental, physical and social well-being in supportive working, living and learning environments.

Objectives

1. Identify and act upon opportunities to enhance resident physician well-being through:
 - Developing community supports
 - Building supportive environments
 - Advocating for policy change and compliance
2. To advance resident physician wellness as a key consideration in organizational decision making by PARA and PARA partner organizations
3. To reduce inequities in resident physician well-being

Core Activities

1. Identification of resident physician wellness needs, including inequities in resident physician wellness
2. Planning and evaluation of activities to address identified needs
3. Evaluation of the impacts of Association plans on resident physician wellness and development of recommendations to improve resident physician wellness
4. Assessment and decision-making regarding applications for community-driven resident physician wellness events

Membership

- Vice President Community and Internal Relations (Chair)
- Assembly delegates
- General members
- Designated PARA staff liaison

Reporting Relationship

- Accountable to the Executive Board
- Quarterly report to the Assembly

Term

- Annual

Meetings

- Videoconferences as necessary to advance the work of the committee
- First meeting should be held within one month of the first Assembly meeting

Resources

- Budget set and approved annually (prepared by staff/approved by Executive Board)
- Decisions/initiatives requiring additional funding require approval of the Executive Board