

RESIDENT PHYSICIAN Of the MONTH

August

A colleague had this to say about Dr. Mocanu :

It is a pleasure to write this nomination letter in support of Valentin (Val) to be considered for the PARA Resident Physician of the Month. Over the last several years, Val has been a part of our team and has shown that he is deserving of this nomination.

Val is a gregarious individual who always brings positive energy and a smile with him. He demonstrates empathy and respect towards patients, families, and the interdisciplinary team. A fellow colleague said, "If my loved one was in the hospital, I would feel comforted knowing that it was Val taking care of them. He's a person I'd want to see when we walked through the door." He has been described as an approachable, personable and respectful individual who answers his pages promptly. Furthermore, in an environment where stress can seep its way into the forefront of his practice, Val always shows up with a calm demeanor. An Intensivist said, "I could always get rest at night when Val was covering because he is competent in his abilities and very attentive to details." Val is always striving to learn more, is engaged in clinical research and has authentic leadership skills. Amongst his many accomplishments, Val recently finished his PhD and had his research published in Nature Medicine. Congrats again, Val!

While completing his residency training Val maintains a healthy family life with his wife, their twin boys and the family pets. He has proven that it is possible to be an outstanding resident physician while balancing both a career and home life. It is without a doubt that Val deserves to be recognized for his dedication to professional development, compassion and selflessness.



Dr. Valentin Mocanu

General Surgery

University of Alberta

My family immigrated from Romania to Vancouver when I was eight years old. That's where I grew up and called home until I completed my undergraduate degree at SFU. After graduating, I took a job at the Canadian Cancer Society in Halifax prior to beginning medical school at Dalhousie. I was lucky that my soon-to-be wife agreed to move with me from Halifax to the University of Alberta for my General Surgery residency training in Edmonton. I've been here for the last seven years during which we have had two wonderful twin boys, completed a PhD and am slowly finishing my residency training.

Outside work, I like to bike, ski and play soccer and basketball. I'm also a tech geek, love English Bulldogs and will pretty much watch anything Marvel.

I'd like to thank my friends and colleagues for their kind words and nomination!



PARA
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Resident Physicians of Alberta