



PARA WELL-BEING AWARD NOMINATION FORM

The purpose of this award is to recognize a staff physician who is an advocate for resident physicians and who has demonstrated a strong interest in resident physician well-being. This individual must have established their strength in this area at multiple levels of postgraduate medical training (i.e. within the residency program, during clinical teaching, at postgraduate medical education meetings and at meetings of local or national organizations such as the Alberta Medical Association and the Royal College of Physicians and Surgeons). An award will be given annually to a staff physician associated with the University of Alberta, the University of Calgary and a rural site.

Award Categories: (Please check the appropriate category)

PARA Well-Being Award: Edmonton _____

PARA Well-Being Award: Calgary _____

PARA Well-Being Award: Rural _____

Individual You Wish to Nominate:

(Name)

(Position)

(Email)

(University)

(Date)

Why do you believe this individual should receive this award? If you require additional space for your comments, please attach them to this form.

a) Resident physician well-being within the residency program:

b) Resident physician well-being during clinical teaching:

- c) Resident physician well-being during meetings at either the local or national level (i.e. PGME, AMA, CMA, RCPSC, CFPC, etc.):

- d) Advocating for quality and diversity of life outside of the residency program:

Nominated By:

(Name) (Dept. & Phone) (Email)

1. Co-Nominator (completion is mandatory)

(Name) (Dept. & Phone) (Email)

Additional Comments:

2. Co-Nominator (completion is mandatory)

(Name) (Dept. & Phone) (Email)

Additional Comments:

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Has this nomination been discussed by the residents in your program? Yes \_\_\_\_ No \_\_\_\_

Please email completed forms to [emma.frieser@para-ab.ca](mailto:emma.frieser@para-ab.ca) or mail to  
PARA  
#320, 11044 – 82 Avenue, Edmonton, AB T6G 0T2  
The postmark deadline for nominations is March 31.