



RESIDENT PHYSICIAN OF THE MONTH

NOVEMBER 2023

Dr. Robert McKenzie Otolaryngology University of Alberta

I grew up in Langley, British Columbia. I attended UBC medical school in Vancouver and moved to Edmonton from in June of 2022 with my partner and four daughters. We have been loving all the sunshine here in Alberta and look to stay long term. My personal life is quite busy and I spend lots of time working with my daughters on their hobbies (gymnastics, swimming, figure skating). I also enjoy trying new foods with my wife, weightlifting and running.

A colleague had this to say about Dr. Chambers

It is with great pleasure and enthusiasm that I nominate my co-resident Robert McKenzie for the title of “Resident of the Month”. As a second-year resident in Otolaryngology - Head and Neck Surgery, Robert has displayed exceptional qualities as both a friend and colleague, making him a truly deserving candidate for this recognition.

One of the first things that stands out about Dr. McKenzie is his unwavering enthusiasm and energy. He brings a consistently positive attitude to the workplace that motivates and inspires those around him. No matter how demanding or tedious the task at hand, he approaches residency with a positive attitude and an unwavering commitment to excellence. His dedication is evident in his outstanding work ethic, as he consistently goes above and beyond to provide exceptional patient care. He has readily adopted a “patient-first” mantra in residency, and I have observed first-hand during busy call-shifts his commitment to seeing patients - urgent and non-urgent alike - to ensure that other services are well supported in holistic, patient-centred care.

Not only is Dr. McKenzie dedicated to his profession, but he also has an incredible ability to foster a sense of camaraderie and support among his fellow residents. He goes out of his way to ensure the well-being of his co-residents by organizing wellness activities such as group outdoor jogs, wellness challenges or workouts in the hospital gym. These activities not only promote physical health but also provide an opportunity for residents to bond and relieve stress. Moreover, Robert’s genuine care for his colleagues is further demonstrated by his warm hospitality. He frequently invites us over for dinner, showcasing his mastery of grilling on his outdoor smoker. Through these thoughtful gestures, he creates a sense of community and strengthens the bonds that tie us together as a team.

Outside of the hospital, Rob continues to exemplify excellence in all aspects of his life. As a dedicated husband to his wife Shayna and their four young daughters, he manages to maintain an enviable work-life balance. His commitment to his family is commendable and serves as a testament to his ability to prioritize his responsibilities while excelling both personally and professionally. This balance not only enhances his own well-being but also sets a remarkable example for his colleagues.

Robert’s commitment to teamwork is exemplary. He not only fulfills his own responsibilities with utmost diligence but also readily steps up to assist others when needed. His willingness to lend a helping hand has been instrumental in sprucing up our resident room, creating a more comfortable working environment for all. Through his dedication and teamwork, he has positively impacted our small resident community and enhanced our overall work experience.

In conclusion, Robert is an exceptional individual who embodies the qualities of an outstanding resident. His enthusiasm, kindness, and hard work are evident in everything he does. It is my sincere belief that his dedication and commitment make him an ideal candidate for “Resident of the Month”.