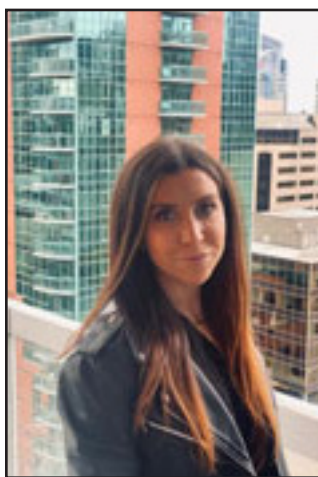


RESIDENT PHYSICIAN of the MONTH

JULY



Dr. Zoe Polsky Emergency Medicine University of Calgary

To say I feel fortunate to be training in the Calgary Emergency Medicine program would simply be an understatement. Being mentored by the Calgary EM staff - who exemplify compassion, advocacy, and clinical excellence, has been formative in my training and sets a standard that I

hope to emulate in my future practice. And then there are my co-residents - all of whom, I feel lucky to call my colleagues, let alone my closest friends. Our residency program empowers each of us to strive for our own individual successes yet rally behind one another for our communal betterment. This shared collective consciousness has allowed me to pursue my personal goals, while also celebrating my co-resident physicians as they continue to accomplish incredible things.

Having completed my undergraduate degree at McGill and returning to Calgary for Medical School and residency training- I am continuing west as an incoming Fellow at the BCCSU Addiction Medicine Fellowship in Vancouver. The Emergency Department continues to serve our most vulnerable patients and I am passionate about pursuing an Addiction Fellowship to better inform my own practice, and our department at large, through initiatives that serve our patients with substance use disorder.

Outside of the hospital, you'll find me dressed head to toe in black, regardless of the temperature or season. I'll likely be listening to CBC radio while living up to several emergency medicine stereotypes by enjoying my love of running, hiking, and road biking.

A colleague had this to say about Dr. Polsky :

Dr. Polsky is someone who always puts others, as well as our residency training program, first. She is a PGY4 in our tight knit emergency medicine program. She has an unrivalled work ethic which is evident based on the endless ways she contributes to the program and the department: from planning resident physician wellness activities and retreats, to drafting a multi-specialty spinal emergency pathway for use in our EDs as well as providing on-shift mentorship and support—she really does it all. We are so very lucky to have such a caring, driven, and inspirational colleague. Dr Polsky is the type of resident physician who will bring you cookies for your overnight shift and then be the calm and commanding voice in the resuscitation room.



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