**PARA Environmental Scan**

This is an environmental scan that was undertaken by PARA’s Equity Diversity and Inclusivity Committee with input from PARA’s Community and Well-being Committees to identify organizations that represent or support resident physicians in Alberta.

Please note that this is a living document that we are continuously adding to.

If you know of any other organizations that represent Alberta resident physicians, please let us know by emailing [tara.madden@para-ab.ca](mailto:tara.madden@para-ab.ca)

Also, please note that some groups may not be open to all Alberta residents physicians. Facebook groups may require approval from moderators to join.

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|  | **Organizations representing Alberta resident physicians** |
| **Financially constrained** | None identified yet |
| **Parenting/caregiving for family members** | Caregivers Alberta  <https://www.caregiversalberta.ca/>  CPMG (Canadian Physician Mom Group) for Residents/MedStudents - Facebook Group  <https://www.facebook.com/groups/201917167051736> |
| **Limited support networks (single, away from hometown)** | None identified yet |
| **Various religious affiliations** | Christian Medical Dental Association  <https://cmdacanada.org/> |
| **Diverse Cultures** | Muslim Medical Association of Canada: UA/UC Chapters  <https://muslimmeds.ca/chapters/>  CAAamplify  <https://www.instagram.com/caaamplify/> |
| **Racialized** | Black Physicians of Alberta  [bpa.alberta@gmail.com](mailto:bpa.alberta@gmail.com)  Black Physicians of Canada  <https://blackphysicians.ca/resources>  <https://www.facebook.com/groups/132070005361578>  Black Medical Students’ Associations - U of A and U of C  <https://twitter.com/AlbertaBMSA>  <https://linktr.ee/CalgaryBMSA>  Asian american pacific islander:  <https://stopaapihate.org/>  <https://www.instagram.com/stopaapihate/?hl=en>  See us unite:  <https://www.instagram.com/seeusunite/> |
| **Indigenous** | IPAC, Indigenous Coordinator (MD) at U of A  Indigenous Support Office at U of A/U of C  Indigenous Physicians Association of Canada  <https://www.ipac-amac.ca/> |
| **Newcomers** | Center for Newcomers  <https://www.centrefornewcomers.ca/>  Immigrant services calgary/Mosaic family resource center  <https://www.immigrantservicescalgary.ca/> |
| **Physical abilities** | Canadian Association of Physicians with Disabilities (also works with physicians who identify as neurodivergent or have mental health/ mental illness)  <https://www.capd.ca/> |
| **Dietary restrictions** | None identified yet |
| **Mental health** | AMA PFSP  <https://www.albertadoctors.org/services/pfsp>  U of C and U of A PGMEs  <https://cumming.ucalgary.ca/pgme/wellness/residents/wellness-services>  <https://www.ualberta.ca/medicine/programs/postgraduate-medical-education/wellbeing/index.html>  AHS Employee and Family Assistance Program  <https://www.albertahealthservices.ca/amh/Page2672.aspx>  Well Doc Alberta  <https://www.welldocalberta.org/>  Canadian Association of Physicians with Disabilities (also works with physicians who identify as neurodivergent or have mental health/ mental illness)  <https://www.capd.ca/> |
| **Neurodivergence** | Canadian Association of Physicians with Disabilities (also works with physicians who identify as neurodivergent or have mental health/ mental illness)  <https://www.capd.ca/> |
| **Gender/Sexual identity** | Egale Canada  Canadian Center for Gender and Sexual Diversity (CCGSD)  PFlag Canada |
| **Various Age Groups** | None identified yet |
| **Other Groups** | Physician Financial Independence (Canada) - Facebook group  <https://www.facebook.com/groups/303157906773998>  MD Exit Strategy - Facebook group  <https://www.facebook.com/groups/MDexitstrategy> |
| **People working rurally/remotely** | RhPAP <https://rhpap.ca/>.  Society of Rural Physicians of Canada <https://www.srpc.ca/> |
| **IMGs** | Alberta IMG Association <https://aimga.ca/> |
| **PGY-1s** | PGY1 RGH Chief resident physicians (UCalgary) |
| **Recently Relocated** | None identified yet |
| **Residents on leave** | None identified yet |
| **Residents with Heavy Call/Workload** | None identified yet |
| **Shift-work based** | None identified yet |
| **Residents from Small Programs** | Royal college resident affiliate (royal college programs) <https://www.royalcollege.ca/rcsite/membership/join-the-royal-college/become-resident-affiliate-e> |
| **Other groups (non-clinical, Higher Risk Rotations, etc)** | None identified yet |