**PARA Environmental Scan**

This is an environmental scan that was undertaken by PARA’s Equity Diversity and Inclusivity Committee with input from PARA’s Community and Well-being Committees to identify organizations that represent or support resident physicians in Alberta.

Please note that this is a living document that we are continuously adding to.

If you know of any other organizations that represent Alberta resident physicians, please let us know by emailing tara.madden@para-ab.ca

Also, please note that some groups may not be open to all Alberta residents physicians. Facebook groups may require approval from moderators to join.

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|  | **Organizations representing Alberta resident physicians** |
| **Financially constrained** | None identified yet |
| **Parenting/caregiving for family members** | Caregivers Alberta<https://www.caregiversalberta.ca/>CPMG (Canadian Physician Mom Group) for Residents/MedStudents - Facebook Group <https://www.facebook.com/groups/201917167051736>  |
| **Limited support networks (single, away from hometown)** | None identified yet |
| **Various religious affiliations** | Christian Medical Dental Association<https://cmdacanada.org/>  |
| **Diverse Cultures** | Muslim Medical Association of Canada: UA/UC Chapters<https://muslimmeds.ca/chapters/>CAAamplify<https://www.instagram.com/caaamplify/>  |
| **Racialized** | Black Physicians of Albertabpa.alberta@gmail.com Black Physicians of Canada <https://blackphysicians.ca/resources><https://www.facebook.com/groups/132070005361578>Black Medical Students’ Associations - U of A and U of C<https://twitter.com/AlbertaBMSA><https://linktr.ee/CalgaryBMSA> Asian american pacific islander:<https://stopaapihate.org/> <https://www.instagram.com/stopaapihate/?hl=en>See us unite:<https://www.instagram.com/seeusunite/> |
| **Indigenous** | IPAC, Indigenous Coordinator (MD) at U of AIndigenous Support Office at U of A/U of CIndigenous Physicians Association of Canada<https://www.ipac-amac.ca/>  |
| **Newcomers** | Center for Newcomers<https://www.centrefornewcomers.ca/>Immigrant services calgary/Mosaic family resource center<https://www.immigrantservicescalgary.ca/>  |
| **Physical abilities** | Canadian Association of Physicians with Disabilities (also works with physicians who identify as neurodivergent or have mental health/ mental illness)<https://www.capd.ca/>  |
| **Dietary restrictions** | None identified yet |
| **Mental health** | AMA PFSP<https://www.albertadoctors.org/services/pfsp> U of C and U of A PGMEs<https://cumming.ucalgary.ca/pgme/wellness/residents/wellness-services> <https://www.ualberta.ca/medicine/programs/postgraduate-medical-education/wellbeing/index.html> AHS Employee and Family Assistance Program<https://www.albertahealthservices.ca/amh/Page2672.aspx>Well Doc Alberta<https://www.welldocalberta.org/> Canadian Association of Physicians with Disabilities (also works with physicians who identify as neurodivergent or have mental health/ mental illness)<https://www.capd.ca/>  |
| **Neurodivergence** | Canadian Association of Physicians with Disabilities (also works with physicians who identify as neurodivergent or have mental health/ mental illness)<https://www.capd.ca/>  |
| **Gender/Sexual identity**  | Egale CanadaCanadian Center for Gender and Sexual Diversity (CCGSD)PFlag Canada |
| **Various Age Groups** | None identified yet |
| **Other Groups** | Physician Financial Independence (Canada) - Facebook group<https://www.facebook.com/groups/303157906773998> MD Exit Strategy - Facebook group<https://www.facebook.com/groups/MDexitstrategy>  |
| **People working rurally/remotely** | RhPAP <https://rhpap.ca/>. Society of Rural Physicians of Canada <https://www.srpc.ca/>  |
| **IMGs** | Alberta IMG Association <https://aimga.ca/> |
| **PGY-1s** | PGY1 RGH Chief resident physicians (UCalgary) |
| **Recently Relocated** | None identified yet |
| **Residents on leave** | None identified yet |
| **Residents with Heavy Call/Workload**  | None identified yet |
| **Shift-work based**  | None identified yet |
| **Residents from Small Programs** | Royal college resident affiliate (royal college programs) <https://www.royalcollege.ca/rcsite/membership/join-the-royal-college/become-resident-affiliate-e>  |
| **Other groups (non-clinical, Higher Risk Rotations, etc)** | None identified yet |