

DR. ERIN MARTIN

U OF C · GENERAL SURGERY

What attracted you to medicine?

Initially, I was drawn to the general concept of medicine as a means to heal and help others in need, but it was soon paired with simple academic curiosity and satisfaction from learning.

What attracted you to your specialty?

Performing surgery allows me to affect immediate and tangible change in order to ameliorate pain and remedy illness. General surgery allows me to do that over a wide range of body systems and to work in places like rural and northern communities

What do you find the most rewarding in your residency training?

Getting to know my colleagues has been rewarding, seeing my own knowledge and skills advance has been fulfilling and being a support for my patients and their families has been humbling.

What do you find the most challenging in your residency training?

When your in-hospital work hours can amount to three or four full-time jobs, time is beyond precious. Balancing the clinical, on-call, educational, research and personal obligations is an ongoing challenge.

What energizes you outside of residency?

I endeavour to stay physically active and to spend whatever time I can outdoors and am not afraid to indulge in creature comforts.