



RESIDENT PHYSICIAN OF THE MONTH

DECEMBER

Dr. Marissa Le Gallée

University of Alberta

OBGYN

Hello! My name is Marissa Le Gallée and I am an OBGYN resident physician. I am originally from Montréal. I am the first in my family to go into medicine—my mother is a painter/translator and my father is a sound engineer. My sister followed in my footsteps and is currently a family medicine resident physician in Montréal! Some of my earliest memories are those in Studio Morin Heights where I watched my dad work in his recording studio. I once told the lead singer of the Tea Party that his vocals sucked, so you know I had an attitude at five years old. J'ai fait un an et deux mois en médecine de famille à Montréal avant de transférer en Obstétrique et avant de déménager ici à Edmonton. I love hot yoga and cross-country skiing. MD is my only degree— am one of those Med-P students that started medical school at 18. You can catch me strolling through the Alberta Art Gallery or munching on Montréal bagels at Coffee Bureau on Jasper. I love my job , and love to teach. Anyone is welcome to shadow me at the RAH!

A colleague shared this about Dr. Marissa Le Gallée:

Marissa has been incredibly welcoming to myself and the other PGY1s in the program. She is someone who exemplifies the importance of prioritizing well-being and living a balanced lifestyle. She goes out of her way to connect with others and involve them in wellness activities. Whether that be a walk along the river, an evening hot-yoga session, or an ear to ear listen while you reflect out loud and talk things through.

She is noteworthy in her academic accomplishments, having won the award for best oral abstract at ACOG's 2018 Annual Conference and has published a research paper in the JOGC on the effects of subchorionic hemorrhage. She creates a positive and supportive learning environment. For example, one evening, as I was struggling with academic materials Marissa took the time to support me in my learning and to review topics I was not fully confident in. During one of our surgical labs she took the time to teach me how to perform a second degree vaginal laceration repair. This was also the first time that someone really took the time and patience to review how to accurately hold instruments and techniques to manipulate tissues.

She also created a safe and positive learning environment where I felt comfortable asking for clarification and additional questions. Her passion for OB GYN is contagious and she takes every opportunity to offer help to those around her— in caseroom or assessment, teaching us how to use the ultrasound machine, or how to approach a common differential diagnosis.

Marissa overall models the type of senior resident I hope to become, and exemplifies what myself and other PGY1s are striving towards!



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