

## DECEMBER 2022

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December 6 - National Day of Remembrance and Action on Violence Against Women

December 18 -26 - Hanukkah

December 21 - Winter Solstice

December 25 - Christmas

December 26 – January 1 Kwanzaa

December 26 - Boxing Day

## JANUARY 2023

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January 1 – New Year’s Day

[January 22 - Lunar New Year - dates change yearly](#)

January 27 - International Day of Commemoration in Memory of the Victims of the Holocaust

January 29 - National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia

## FEBRUARY 2023

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Black History Month

February 20 - World Day of Social Justice

February 21 - Family Day

[February 23 - Pink Shirt Day](#)

## MARCH 2022

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Women’s History Month

March 8 - International Women’s Day

[March 8 - Holi \(Festival of Colours\)](#)

March 21 - International Day for the Elimination of Racial Discrimination

March 21 - 28 - Week of Solidarity with the Peoples Struggling against Racism and Racial Discrimination

March 22 - April 20 - Ramadan

March 31 – Transgender day of visibility

## APRIL 2023

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April 5-13 – Passover

[April 9 - Easter Sunday](#)

April 17-18 - Yom HaShoah (Holocaust Remembrance Day)

April 17 - Equality Day

[April 20 - Ramadan ends](#)

[April 21 - Eid-ul-Fitr](#) (dates change each year)

April 22 - Earth Day

## MAY 2023

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Asian Heritage Month

May 17 – International Day Against Homophobia and Transphobia

May 21 – International Day for Cultural Diversity for Dialogue and Diversity

May 25-27 – [Shavuot](#)

## JUNE 2023

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Indigenous History Month

Pride Month

June 21 - National Indigenous Peoples' Day

June 21 - Summer Solstice

June 20 - World Refugee Day

June 28 – 29 - [Eid-ul-Adha](#) (changes yearly)

## JULY 2023

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July 1 – Canada Day

## AUGUST 2022

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August 1 – Emancipation Day

August 9 - International Day of the World's Indigenous Peoples

## SEPTEMBER 2022

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September 10 - World suicide prevention day

September 10 - Mid-Autumn Festival

[September 24- 25 - Yom Kippur](#)

September 23 - Fall Equinox

September 30 - National Day for Truth and Reconciliation

September 30 - Orange Shirt Day

## OCTOBER 2022

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Islamic Heritage Month

October 4 - Missing and Murdered Indigenous Women and Girls

[October 9 – Thanksgiving](#)

October 10 - World Mental Health Day

October 31 – Halloween

## NOVEMBER 2023

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November 11 - Remembrance Day

November 12 - Diwali (Indian Festival of Lights)

November 14 - Rock your Mocs Day

November 16 - Louis Riel Day

November 20 – Trans Day of Remembrance

## DECEMBER 2023

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December 6 - National Day of Remembrance and Action on Violence Against Women

December 7-15 - Hanukkah

December 21 - Winter Solstice

December 25 - Christmas

December 26 – January 1 Kwanzaa

December 26 - Boxing Day

## Days of Action

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<https://www.ualberta.ca/current-students/wellness-supports/community-engagement/days-of-action/index.html>

World Suicide Prevention Day

September 10

Destigmatizing the conversation around suicide.

World Mental Health Day

October 10

Raising awareness of mental health support and wellbeing.

World Hello Day

November 21

Creating and building social connections with others

World Day of Social Justice

February 20

Highlighting social justice issues that impact all of us.

International Day of Happiness

March 20

Recognizing that happiness is a fundamental human goal.

World Health Day

April 7

Creating awareness of global health concerns.