

# RESIDENT PHYSICIAN Of the MONTH

June

## A colleague had this to say about Dr. Wagner :

I first met Amy when she was interviewing for our neurology program three years ago. She stood out to me amongst all the candidates as a warm, compassionate and empathetic individual. Over the years, she has proven time and time again that she is one of the most selfless and giving people that I have encountered.

While Amy is an excellent clinician and has an impressive knowledge base, her juniors know that they can approach her with any question and she will always answer without judgement. As a mentor, she has nurtured an environment of collaboration and humility. Instead of focusing on her own academic achievements, she pushes juniors forward to shine in the limelight and makes sure they are recognized. Amy has made it a point to combat shame-based learning when she is on service and instead spends hours teaching junior resident physicians and medical students physical examination skills and neurological subject matter. Her focus on resident physician wellness, program culture and medical education makes her an exemplary leader and mentor for those around her.

Amy is truly one of the greatest assets of the neurology program at the University of Alberta. As our chief resident during a global pandemic, she had been covering extra call shifts, checking in on the mental health of co-residents physicians, making multiple backup schedules, and functioning as an amazing senior resident physician to learners on her service. We are fortunate to have her as a colleague.



## Dr. Amy Wagner Neurology University of Alberta

I was born and raised in Saskatoon, SK, where I also completed my undergraduate degree in kinesiology prior to my MD at the U of S. I am currently in my fifth and final year of residency training in Edmonton. I feel so fortunate to have been a part of this program and truly believe I would not be the person or physician I am without the support and opportunities my program has provided me.

Outside of residency training, I enjoy spending time with my dog named Goose and dining with friends. I am a fan of the NBA and more recently F1. Although it surprises some people, I am quite an introvert and find listening to a good podcast or playlist is an evening well spent. Some co-residents physicians have finally succeeded in getting me to join their exercise bike crew which has been key in my Royal college year.

I am honoured to be named a resident of the month by PARA.



**PARA**

Professional Association of  
Resident Physicians of Alberta