

Congratulations Dr. Dennis Lefebvre



PARA's *Resident Physician of the Month* for **September 2011**



Dr. Lefebvre is originally from Kelowna, BC, in the heart of the Okanagan Valley. After high school he moved to Vancouver to attend UBC. At UBC, from 1995 to 2007, Dennis completed a BSc in Microbiology, a PhD in Immunology, and lastly his MD. He is now in PGY-5 in Emergency Medicine at the University of Alberta.

Dennis's interest during residency focused on resident physician wellness. Over that past three years he has developed, implemented, and formally studied a unique resident wellness program within the Department of Emergency Medicine. His other education interest is in humanitarian writing and literature. Outside of medicine, he is an avid hockey fan and can be found at the rink for a skate on his nights off work.

A fellow resident physician had this to say about Dr. Lefebvre.

"Dennis is an exceptional resident physician. During his off-service rotations, he managed to impress staff physicians, mentor junior residents and inspire medical students. He is an excellent teacher explaining complex concepts in a fun and exciting learning environment. His caring nature and excellent bedside manners make him appreciated by his patients and other allied health professionals. While his knowledge, attitude and work ethic are all accomplishments by themselves, he has also managed to work extensively on behalf of resident physicians promoting wellness through his role on the University of Alberta Resident Well-Being Committee. He also designed, implemented and found funding for a resident run wellness program which he called "Captain Wellness" for Emergency Medicine residents. Through this program he has organized a monthly music program, social events, an annual Christmas drive for the Bissell Centre and a hydration station for the

residents' room. His work both inside the hospital and outside the hospital truly makes Dennis an excellent role model for all resident physicians."

**NOMINATE someone you know for the
RESIDENT PHYSICIAN OF THE MONTH Award...**

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