

# Congratulations Dr. Ahmed Abdi Ali



## PARA's *Resident Physician of the Month* for April 2011



Dr. Abdi Ali is originally from Kenya. He came to Canada on a scholarship program and studied electrical engineering at UBC. Ahmed joined UBC Medicine after discovering that he prefers working with people rather than gadgets. He moved to Calgary for residency and really enjoys his new home. He likes playing soccer and classifies himself as a fanatic. Ahmed also enjoys the outdoors, travelling, listening to reggae music and attending comedy shows. His lovely wife and two beautiful children are the real inspiration of his life.

A colleague had this to say about Dr. Abdi Ali:

[Ahmed] is very passionate about patient care and connects with his patients at a personal level. He is also a [valuable] resource to the large East African Community in Calgary. He is an outstanding mentor to clinical clerks and always looks for an opportunity to teach.

In addition to his dedication to excellent patient care, Ahmed has been extremely successful at pursuing his interest in research. He will be presenting his work examining the effect of Vitamin D supplementation on arterial stiffness at Resident Research Day and is currently writing up his project as a first-author manuscript for publication.

Lastly and most importantly, Ahmed is also a father of two lovely children and despite the rigorous demands of residency and research, he always finds time for his beautiful family.

Another colleague supported Dr. Abdi Ali's nomination:

[Ahmed] tries to reduce the stress of medical school by normalizing the material and making it less daunting while he teaches it. Ahmed always takes the time to ask medical students "what do you want to learn?" Then, when time permits, he will teach [these learners] what they are interested in.

Not only is Ahmed a great teacher he also spends time with his patients. When his patients come into hospital with pain, he not only treats the pain but he connects with the patients' suffering and attempts to make the hospital experience as pleasant as possible. The treatment of suffering seems to be a common trend in Ahmed's style between reducing stress of his peers, to reducing stress of his medical students, and finally minimizing suffering by his patients."

**NOMINATE someone you know for the  
RESIDENT PHYSICIAN OF THE MONTH Award...**

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