



**Gillian Shiau, MD, BSc - Hons, BComm – Hons**  
**Nominee for PARA President**  
PGY – 2, Diagnostic Radiology  
University of Calgary

Residency is a balancing act – we are not only striving to become competent “medical experts” but also contending with scholastic requirements, expectations from loved ones, and trying to stay fit and sane. The amazing work done by PARA to help us find that balance makes me proud to be an Albertan resident, and I’d like the opportunity to expand on that work for you and future residents.

I have juggled clinical responsibilities as Vice President at both PARA and CAIR, tackling important issues including duty hours and job opportunities post-graduation. Tangible outcomes include a national consensus statement on the issue of residency duty hours, the Transition into Practice Service (helping graduating residents find employment in Canada), and organization of Lobby Day around the topic of an appropriate Albertan continuing care system. You may also have seen me Running for the Cure or hosting PARAlyzers!

With the PARA Board, I will solicit feedback on those issues most important to residency education and well-being, especially as we gear up for another round of contract negotiations!

I have a demonstrated track-record of improving this transitional period called residency and hope that you will give me the chance to be your president.

**Biography:**

*Born and raised in Coquitlam, BC, I completed dual honours degrees in Commerce and Biochemistry at Queen’s University. After attending UBC Medical School, I matched to Diagnostic Radiology at the University of Calgary. Outside of medicine, I teach Physics, General Chemistry and LSAT preparatory courses. In my spare time, I can be found trying out new recipes (making AND eating them!), playing ultimate frisbee or dodgeball, yakking on the phone to family/friends, jamming on my saxophone or piano, or lounging around with anatomy textbooks like any good budding radiologist!*