



1. **PARA** - Know Your Contract
2. Calgary Pre-Accreditation Survey Questionnaire
3. 3rd Annual **PARA** Leadership Conference
4. Upcoming Events – Socials and **PARA** Board Meeting
5. **PARA**'s Spot the Stethoscope – October's winners
6. **PARA** October Resident of the Month – Dr. Andrew Pearce, Radiation Oncology PGY5, University of Calgary

1. **PARA** - Know Your Contract:

Call stipends for emergency medicine shifts: did you know that residents working an emergency medicine shift where one full hour worked on the shift does occur between midnight and 6 a.m. are eligible for a home call stipend? Resident physicians must ensure that the call schedule is up to-date, as stipends are claimed through submission of the call/shift schedule as submitted by the call schedule/ER schedule administrator.

PARA residents wishing to confirm their call stipend payment to-date should contact Wendy Mitchell in Calgary (phone number 403 943 1253, or email WendyL.Mitchell@calgaryhealthregion.ca); Laura McMullen in Edmonton (phone number 735-0713, or e-mail Laura.McMullan@capitalhealth.ca) or the PARA office.

Previous Know Your Contract topics can be found on the PARA Website at: <http://www.para-ab.ca/residents/know-your-contract> and clicking on **Previous Contract Tips (click here)**

2. Calgary Pre-Accreditation Survey Questionnaire

The Canadian Association of Internes and Residents (CAIR) has put together a Pre-Accreditation Survey Questionnaire to be completed by each Calgary resident in a Royal College program. This survey will be made available the afternoon of Monday, November 3, 2008 and Tuesday, December 2, 2008 through an on-line survey; you will receive access through your email account. Please read the attached letter.

3. 3rd Annual **PARA** Leadership Conference – November 16th & 17th

PARA still has two spots for PARA residents who are interested in attending PARA's 3rd Annual Leadership Conference, hosted by the Schumacher Research and Leadership Group. Contact the PARA office by Friday November 7th if you are interested in attending.

Tentative Leadership Itinerary:

Date: Saturday, November 15 & Sunday, November 16, 2008 (8:00 a.m. – 4:00 p.m. both days), with a Cocktail Reception held on the Saturday evening.

Details: Shared accommodation and travel arrangements will be provided. Lunches will be served on both days, please include any dietary needs if applicable (eg. Celiac, vegetarian, etc.)

Location: Gowling Lafleur Henderson LLP
1400 Scotia Centre
700 - 2nd Street SW
Calgary, AB T2P 4V5

Presenter: Dr. Albert Schumacher with the Schumacher Research and Leadership Group

4. Upcoming Events – Social and PARA Board Meeting

- Monday, November 17th: PARA Board of Directors Meeting
 - Calgary @ Fairmont Palliser, 133 – 9 Avenue SW @ 1200 Noon – 5:00 PM (lunch will be provided)
 - Edmonton – transportation costs will be reimbursed.
- Friday, November 21st: Yoga Night
 - Calgary @ Yoga Shala, 1509/1511 – 19th Street NW @ 6:30 PM
 - Edmonton @ The Yoga Loft, 2nd Floor 10309 Whyte Avenue @ 7:30 PM
- Sunday, November 23rd: Grey Cup Beer n' Nachos – Kickoff @ 4:00 PM
 - Calgary @ Melrose Café & Bar, 730 – 17 Avenue SW
 - Edmonton @ Hudson's Taphouse Downtown, 11248 – 104 Avenue

5. PARA's Spot the Stethoscope – October's winners

The third month of Spot the Stethoscope was another opportunity to win with **PARA**; we had the following first prize winners:

In Edmonton: Drs. Jonathan Gaudet and Alena Tse.

In Calgary: Drs. Ross Semeniuk and Jodie Clark.

First Prize Winners – two tickets to a December NHL game

Second Prize Winners – two tickets to the movies

For a list of October's second prize winners, or for more information check out <http://www.para-ab.ca>

6. PARA October Resident of the Month – Dr. Andrew Pearce, Radiation Oncology, PGY5, University of Calgary

"Andrew provides words of wisdom to the junior residents in our program. He offers them advice on research, clinical duties, and career opportunities. Fellow residents continuously refer to Andrew when they have questions or just require a second opinion and Andrew always has valuable insight."

Regards from,

Your **P**rofessional **A**ssociation of **R**esidents of **A**lberta