



The Professional Association of Residents of Alberta (PARA) invites Residents to participate in the ...

2010 CIBC RUN FOR THE CURE

Sunday, October 3rd, 2010

PARA will sponsor the first fifteen (15) residents in both Edmonton and Calgary. **RSVP** with which run/walk and your T-shirt size by **September 15th** to para-ab@shawbiz.ca

CALGARY

START/FINISH: Southcentre Mall
1 km walk or 5 km run (See map)

INDIVIDUAL PACKAGE PICKUP: **Saturday, October 2nd *One day only!***
9:30 AM – 3:00 PM



Running Room Locations:

- Crowfoot Village (20 Crowfoot Cres. NW)
- Eau Claire Market (200 Barclay Parade SW)
- Shawnessy (59 Shawville Blvd. SE)
- Westhills (258 Stewart Green Way SW)

Bring confirmation of payment and avoid the line-up at registration on Run day. Show your Run T-shirt on Run day and ride the Calgary Transit for FREE to and from Southcentre Mall.

OPENING CEREMONY: 7:45 AM Southcentre Mall
WARM UP: 8:30 AM at the start line

5 or 1 KM RUN & WALK: 9:00 AM SHARP!

AWARDS CEREMONY 11:45 AM (Approximately)



EVENT REGULATIONS:

- No dogs allowed on course
- No charge for babies or children riding in strollers
- For safety reasons pets, bikes, inline skates and scooters are prohibited along the race route



CALGARY RUN MAP