

Taxi Reimbursement Benefit: why **PARA** supports it.

The **PARA** Taxi Reimbursement Program was negotiated by your residents' association to contribute to resident physician and community safety and as an opportunity for **PARA** to exemplify resident well-being as one of our valued priorities. This benefit was championed by **PARA** based on research that illustrates resident physicians and members of the community are particularly at risk from motor vehicle collisions caused by fatigue. Based on this rationale, the benefit was established as a preventative health measure.

The Taxi Reimbursement Program exists to ensure resident physicians make it home safely when too tired to drive. We are all responsible for making sure that, when we need it, the benefit is available for those of us who are at the greatest risk from a motor vehicle collision.

The sustainability of Taxi Reimbursement Program is dependant upon the collective prudence (good sense) of its users. **PARA** encourages all of its members to reflect on the spirit in which this benefit was created, **which was to guard the safety of our membership and our community**. Resident physicians who access this benefit should self-assess for fatigue prior to accessing the benefit.

PARA's Pull Over to Page Campaign was initiated in this same spirit as the Taxi Reimbursement Program – as a preventative health campaign that improves the safety of resident physicians and members of our communities.

For more information on the risks associated with driving tired, visit the **PARA** website at <http://www.para-ab.ca/agreement/benefits/taxi-reimbursement>.

For more information on the risks of driving distracted, visit the **PARA** website at <http://www.para-ab.ca/about/media/coalition-for-cellphone-free-driving>.