

Scheduling Flex & Float Days

Did you know you are contracted to receive three Flex Days and one Float Day for each year of your residency? The Float Day is meant to be an extra Named Holiday, scheduled at your convenience. Flex Days are similarly scheduled, but emerged out of negotiations as a means to recompense resident physicians who are scheduled to be on call the day before a Named Holiday – service that carries over well into the post-call holiday. Instead of a day in lieu, resident physicians receive the flexibility of three additional days to schedule as personal days. The scheduling of PARA Flex Days should be in the same spirit in which they were negotiated, to extend a weekend or to allow for a personal day off service; they should be scheduled with advanced notice and documented with your home-service.