

January 2008

## **Post call relief**

Resident, sign-over of patient care responsibilities and pertinent patient information shall begin no later than the 24th consecutive hour on duty. Apart from handover of patient care responsibilities, no Resident shall be required to assume new responsibilities following the 24th hour of duty. Such handover shall not exceed 2 hours.

PARA does not have the capacity or intention to enforce post call regulations with militancy. We rely on the professionalism of residents and faculty to respect and abide by regulations that attempt to promote patient safety and resident well being. PARA recognizes the primary purpose of residency is to train and educate physicians. In that regard, there may be exceptional educational opportunities that may warrant a resident's decision to stay beyond 26 hours. However, such decisions must be made by residents and must be exceptions and not expectations.

Residents experiencing difficulty leaving post call are encouraged to contact the PARA office. All calls are confidential.