

Know Your Contract: LTD Benefit

Be advised that PARA covers residents' life and long term disability (LTD) insurance premiums while they are on maternity/ parental leave. If you were requested by either Calgary or Capital Health to continue to pay LTD coverage while on maternity leave, your premiums may have been paid twice; these premiums would have been deducted from your maternity top-up payment. If you did pay these premiums, you may be entitled to a reimbursement. Please fax PARA the pay stub on which these deductions were made. If eligible, your reimbursement will be processed within the next month. PARA's fax number is (780) 432-1778.